


Menu | PUREED

ORDER ONLINE ANYTIME AT: momsmeals.com/login

 or by phone at: **866-204-6111** M-F 7 AM to 6 PM CST

 Scan to
order online

 Carbohydrates (CARBS) are shown for the **entrée only** and the entrée plus extras.

BREAKFAST		CARBS (g)	
98956	Cheese Omelet with Brown Sugar Pork and Blueberry Applesauce P+	69	81
98957	Cinnamon Roll with Scrambled Eggs and Sweet Pineapple 	76	88
98975	Scrambled Eggs with Brown Sugar Pork and Apple Fritter and Applesauce P+	42	67
98988	Chicken and Waffle with Blueberry Sauce and Vanilla Pudding P+	61	97
LUNCH & DINNER		CARBS (g)	
98950	Chicken Enchilada with Refried Beans and Cinnamon Apples and Vanilla Pudding	52	87
98951	Chicken Parmesan and Broccoli with Cheese, Vanilla Pudding and Applesauce P+	21	70
98953	BBQ Pork Sandwich and Creamed Corn, Chocolate Pudding and Applesauce P+	53	102
98954	Cheeseburger and BBQ Baked Beans and Vanilla Pudding P+	48	84

98958	Pepperoni Supreme Pizza and Pineapple Upside Down Cake	70	82
98959	Pork Roast with Sweet Potatoes and Green Beans and Chocolate Pudding P+	36	72
98960	Beef Pot Roast with Gravy, Mashed Potatoes and Peach Cobbler and Chocolate Pudding P+	50	85
98961	Chicken Pot Pie and Strawberry Shortcake and Chocolate Pudding P+	48	83
98963	Roasted Turkey Breast with Stuffing and Gravy and Blueberry Applesauce and Chocolate Pudding P+	55	90
98972	Meatloaf with Mashed Potatoes and Green Beans, Applesauce and Vanilla Pudding	47	96
98987	Roasted Turkey with Mashed Potatoes and Brown Sugar Carrots and Applesauce P+	37	62

Symbols indicate meals also support these conditions

- Heart Friendly Lower Sodium
- Diabetes Friendly P+ Protein Plus Vegetarian
- Gluten Free Renal Friendly
- Customer Favorite
- Available for a limited time

REFRIGERATE MEALS UPON ARRIVAL

Phone order deadline is Tuesday at 5 PM CST for delivery the following week.

Please select the meals that are most appropriate for your dietary needs.

All meals include milk or milk alternative.

*Renal Friendly meals do not include milk.

Menus are subject to change.

 Ingredients and nutrition information may vary as we continue to improve and enhance our meals. For the most up-to-date menu, ingredient and nutrition information, or to learn how our menus can support a variety of health conditions, please visit momsmeals.com/ourmenus.

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